

SIH Partnership Contacts

2025

SIH Total Rewards Team

Human Resources 2 Nutrition Plaza **618.457.5200**

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Total Rewards Team—<https://hub.sih.net/benefitsassistance>

Benefits benefits@sih.net

Rena Edwards, HR Benefits Coordinator ext. **67845**
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Sara Bevis, HR Benefits Analyst ext. **67810**
sara.bevis@sih.net

Wellness

www.sihwellness.com wellness@sih.net
(to review personal wellness platform) ext. **67827**
618.457.3075

Leave and Absence (FML, STD, LOA, Return to Work)

LOA ext. **67828**
loa@sih.net

Brooke Vancil, HR Leave and Absence Representative ext. **67853**
brooke.vancil@sih.net

Esther Kabwe, HR Leave and Absence Case Navigator ext. **67826**
esther.kabwe@sih.net

Compensation

Salena Alkhatim, HR Compensation Analyst ext. **67895** | salena.alkhatim@sih.net

Benefit Enrollment/COBRA

Businessolver, Inc.
PO Box 310552; Des Moines, IA 50331-0552
Benefit Service Center (enroll/make changes) | **844.386.2375**
Dependent Verification Fax (to fax dependent documentation) **515.343.2246**
benefits.sih.net (to enroll or make changes)
COBRA | **877.547.6257**

Medical—Allegiance, a Cigna Company

855.999.1052

Refer to www.askallegiance.com/SIH to locate providers, confirm provider network status, access your online account, or find an EOB

Prescriptions—MaxorPlus

800.687.0707 | www.maxorplus.com

MaxorPlus Customer Service

MaxorPlus Mail Order: **800.687.8629**

Maxor Specialty Pharmacy: **866.629.6779**

SIH Employee Pharmacy

Herrin Pharmacy: **618.351.8321**

Dental/DPPO—Cigna

800.244.6224 | www.cigna.com

Vision—Eyemed

866.9EYEMED | www.eyemed.com

Flexible Spending Account Program including Healthcare and Dependent Care—Allegiance

855.999.1052 | www.AllegianceFlexAdvantage.com

Life and Accidental Death and Dismemberment (AD&D)—New York Life Group Benefit Solutions

Life Claims: **800.362.4462**

Family Medical Leave (FML)/Short Term Disability (STD)—SIH Leave and Absence Department

618.457.5200 ext **67828** | LOA@sih.net

Long Term Disability (LTD)—New York Life Group Benefit Solutions

800.362.4462

Voluntary Benefits—Allstate Benefits

Group Critical Illness, Group Hospital Indemnity, Group Accident, and Group Term to Age 100 Life

866.828.8501 | www.allstatebenefits.com/mybenefits

401(k)/Roth Contribution—Empower

Retirement planning and 401(k) offered through Empower
833.SIH.401K | empowermyretirement.com

Appointment Scheduler: Empower (sih.empowermytime.com/#/)

Medicare Basics Christine Thompson, Medicare Counselor Ext. **67856**
christine.thompson@sih.net

Employee Assistance Program—PAS

Personal Assistance Services (PAS)
800.356.0845
www.mypaseap.com

Organization Code: SIH

RxWell Mobile App
eM Life Mobile App
Search RxWell and/or eM Life in the app store on your mobile device

